
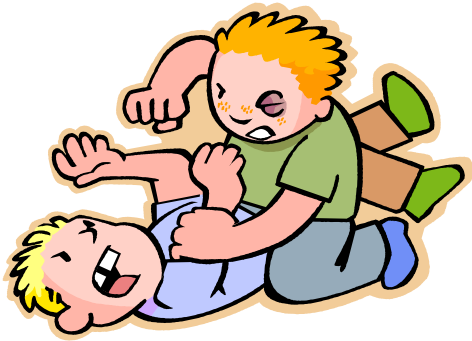


WELCOME

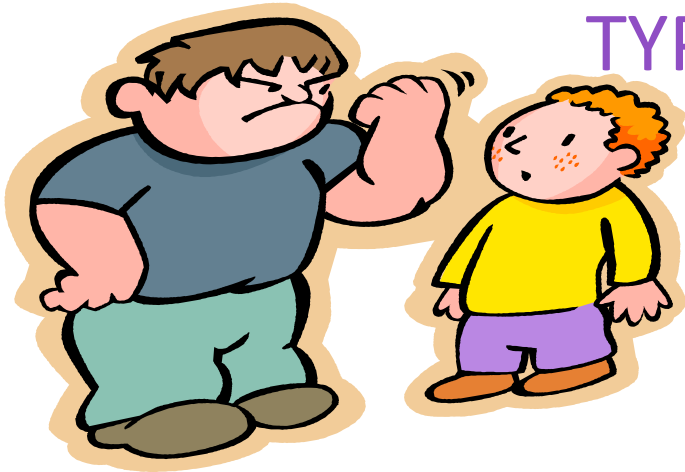
- WELCOME TO OUR ASSEMBLY
- LISTEN very carefully
- We hope you learn some important lessons 
- Of the Problems, Causes, Solutions & Implementations





BULLYING IS WRONG!!

THERE ARE LOTS OF DIFFERENT
TYPES OF BULLYING





Bullying



- Bullying is intentional (not an accident) a bully hurts someone on purpose.
- Bullying is repetitive. This means that the bully hurts someone over and over again, it isn't an incident that happens only once.
- In general, bullying is where one person acts like they have more power than another, and does whatever they can to hurt that person.

Bullying

- Bullying can happen in many forms, we are going to show you a few and tell you what to do if you see anyone being bullied or if you are being bullied.



Physical Bullying



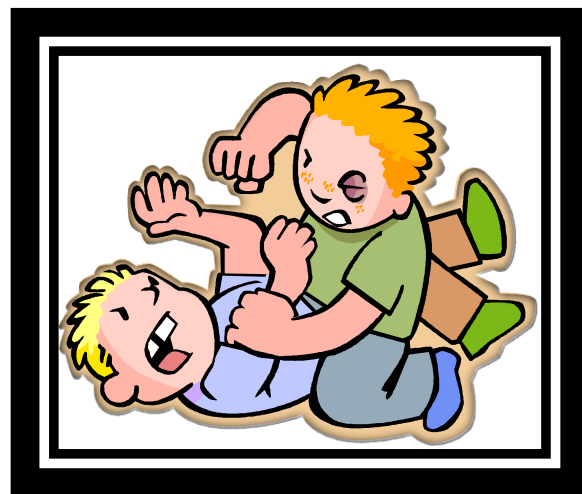
Are you gonna cry...wimp

I wish he would stop!

Physical Bullying

- Bullies want to hurt people to make themselves feel better.
- This can include kicking, punching, pushing, pulling hair and many more awful things.
- If you see someone being hurt...

**TELL AN
ADULT!**



Emotional Bullying

Look at her!
She is so ugly,
that's why no
one likes her!

Leave
me
alone.



Emotional Bullying

- This is when children can be left out and saying things behind people's backs like spreading nasty, often untrue, stories
- Bullies like being in charge and bossing people around
- If they see someone smaller than they are or different to them they will often go out of their way to be horrible to them.
- They can make other people be horrible to them too!



...more Emotional Bullying



Your Feelings?

- How would you feel if you were left out?
- How would you feel if a group kept coming up to you and saying awful things?
- Always Remember:

**Treat people how you
would like to be treated!!!**



Verbal bullying



Verbal bullying

- Calling people names, Threatening people, singing unkind songs, tormenting children and spreading nasty, often untrue stories are all forms of bullying.
- Sometimes children don't think before they speak and can say unkind things. When you know you have said something wrong you should say sorry!
- Remember...

If you're angry and can't say anything nice, DON'T say anything at all!!



Cyber bullying

- Cyber Bullying is very serious! Children can be bullied in their own homes!!
- This can include text messages, instant messaging and emails. (Facebook, Twitter)
- If you receive any horrible messages in any of these forms you must tell an adult and show them.



Texting Nasty Messages



Internet (Facebook /Twitter)





THINK!!



- How would you feel getting an email like that?
- How would you feel getting a text message like that?
- What should you do if you do get a nasty text or message??

SORRY!



Bullying

- Bullying is wrong!
- Bullying can really hurt people physically and emotionally!
- Bullying can make people worry and not want to come to school!
- If you are bullying you must stop NOW!



Working Together and Say...



Be A Friend!



**HELP
OTHERS!**

**BE
POSITIVE!**





BULLYING

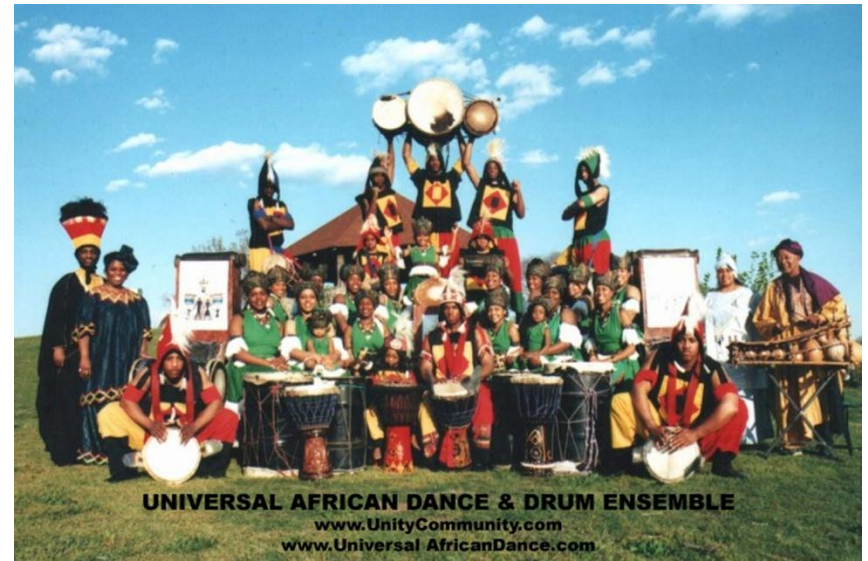
STOPS

HERE

Find More Positive Solutions

- Become active in school activities, clubs, or organizations
- Get involved in your local community organizations
- Martial Arts (Karate) Benefits
- Look into the Performing Arts (Theater, Music, Art, Dance) for more positive forms of expression

Martial Arts (Karate) & African Dance & Drum



Martial Arts (Karate Benefits)

The Ultimate Discipline Program

- The **Martial Arts (Karate)** offers many benefits such as developing **Self-Defense Skills, Self-Confidence, Self-Discipline, Self-Control, Self-Awareness, Self-Worth, Character, Moral Character** and **Leadership Development**.
- It will improve mental concentration, balance & coordination, improve your cardiovascular system, reduces stress, tension and help you express yourself physically, mentally and spiritually through **body, mind and spirit**.

Why the Arts...

- The **performing arts**, is a **discipline** that keeps you in rhythm with body, mind and spirit.



Performing Arts

- To inspire and exemplify hope for all. To help stop the violence, the killings and self hatred, for those who suffer identity, heritage and pride problems.



Performing Arts

- The arts give you an interest, and a better understanding of global and world studies



Performing Arts

- It displays, educates, teaches and encourages **pride, dignity and appreciation of self.**

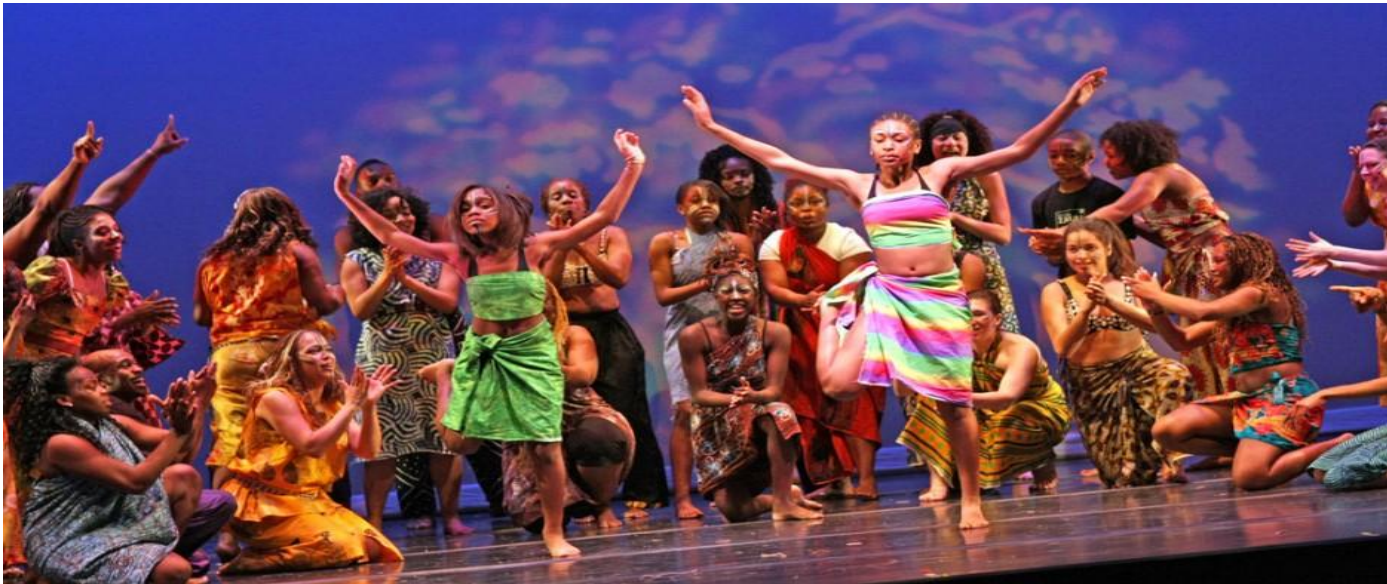


Performing Arts

Cultural awareness through the arts, literature and the performing arts has been proven to be the best way to help present **values, respect, love** and **understanding** of anyone's culture.



Get Involved!





BE THE CHANGE LEAD THE WAY

ACTION. SOLUTIONS. CHANGE. YOUTH AGAINST BULLYING.



You Make A Difference!



Anti-Bullying

- We hope you understand all the different types of bullying
- We hope you know what to do when you are being bullied or if you see someone being bullied
- We hope we have offered you more positive solutions to eliminate bullying
- Thank you for listening



The Problems, Causes, Solutions & Implementations

We hope you enjoyed our educational presentation of Anti-Bullying and Violence in the Schools.

NOW

Let all of us respect each other

TO CREATE AN EDUCATIONAL ENVIRONMENT

TO LEARN and STUDY

EDUCATION IS A MUST

For More Information

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